

Editorial Team

- Basant Kumar Mishra
Secretary
 - Madhab Mohan Singh, Sakti Ranjan Barik, Debasish Nayak, Rabi-Narayan Mohanty, Priyadarshi Das
- Contributors

Inside this Issue

Story	Page
Physiotherapy Demonstration & Medicine distribution Camp	1
Need base Therapy at Home	2
Support Service Centres in Surpass	2.1
Disable SHGs Promotion & Linkages	3
Resourceful Training for Trainees	3.1
Productive Monitoring for Project Staff	4
Case Study: Strong Belief Extends Good Results	4.1-6
About SNDAYP	6.1

Physiotherapy Demonstration & (First aid Medicine) Health Checkup Camp

The total 248 patients 129 were male, 119 female who attended the physiotherapy demonstration & (first aid medicine) health checkup camps were held in six GPs and the camps were facilitated by certified physiotherapist. Good number of patients turned out during the camp and each case was discussed



A patient was taking therapy at Camp

at time-span. The application of various body movements under physical exercise were explained by physiotherapist. Medicine was also supplied to the patients as per medical prescription of the doctor.



Medicine distribution at Health camp

It is seen that the patients are not much aware on the exact nature of problems. In such situation, they are requested to come to the main resource centre to have careful check up. So after a continuous follow up and practice, better results are found. The result will give them positive idea about physiotherapy and its exercises.

The Hans Foundation, New Delhi was supporting the home based therapy programme in sadar block of Puri district for the people/ children with disabilities (T-117/M-73/F-44).



Breazing exercise of a CP child

Under this activity the CBR workers are supporting both on educational development and physical exercise at their homes, those people are facing complexities to attend the support service centers and lack of family support to take care the child. In the mean time our CBR worker and special educators extending the home base therapy for physical development, educational intervention. Activities like Daily Living Skill

(ADL) and behavioral modification etc are taken into care by the CBR

workers. Some children are doing their own work and helping their family members at need. This process has sent a positive support and impact on parents and family. Now the disable children and family members feel positive towards disability and its rehabilitation.



A MR Child learning Time Concept

SNDAYP is extending support services to children with disability through six support service cum learning centers in Puri Sadar block. A total of 284 children 167 HI, 53 MR and 64 CP attended the centers during the reporting period. During their visits, Physiotherapy, Occupational



Center base therapy

therapy, special education and community based rehabilitation services were given through trained workers. Different livelihood training, deaf teaching to deaf children through Indian Sign Language (ISL), is in progress. Monthly meet of deaf parent association (DPA), Disable Peoples Organization (DPO) and deaf club federation meeting is held with the support of project staffs.

The support center also helps Children and their parents for easy accessibility, free treatment and

education through specially trained teachers for their proper rehabilitation. The therapy offers, helping children for their ADLS by themselves. The community is getting benefits for differently able persons, women, children and aged persons in their locality.



Disable children learning at center

Disable SHG Promotion & Linkage



Guidance of Resource person

Under the Financial Inclusion programme, the NABARD, Regional office, Bhubaneswar supported

(SNDAYP) for promoting 100 Disable Peoples Organizations (DPO) self help groups in Puri Sadar block of Puri district. The SNDAYP has already formed 100 groups of disabled persons and out of it 90 groups have opened their bank accounts. Now the key members of DPO taking training on how to maintain resolution

copy, money transaction with bank and loan sanction etc, by the accountant of the SNDAYP. With this

training they feel resourceful to maintain it. After gradation the programme further aimed to link DPO with banks to access loan facilities for their economic activities. Now the DPO member's are able to solve their own problems. By accessing the governmental schemes the disable persons are maintain their live smoothly and they are become independent.

Resourceful Training for Trainees

Five day training was conducted at Youth Hostel, Puri for the sake of the invisible disables, from 14th to 18th June, 2016 for the 4 Odisha partners of DCW funded project. The



Trainer Teaching CBRWs

technical advisor Mr. Supriyo Kumar, DCW, Mrs. Shewly Das as sign language interpreter and the co-trainer. Total of 47 (M-26/F-21) participants have been participated in the training. The motto of this training was how to create smoother ways for the deaf children and young people (DCYPs) in the community. The

education and ISL development of the deaf children and young people will build up their participation capacity.

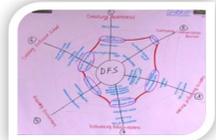


Demonstration on Lesson Adaptation

The motto of the training was in which way we achieve a deaf friendly school. There are 6 steps to achieve it, this was suggested by the trainer. In this training all four



Trainees Presenting on Deaf Friendly School



partners share their views in different concepts (mountain and spider chart) on deaf friendly school. Lesson adaptation also one of the most learning process of Mr. Kumar. Different TLMs demonstration in the training time was more resourceful for each partner.

Productive Monitoring for Project Staffs

Mr. Debasish Biswas the project support officer, DCW Kolkata was made a visit plan (11th & 12th of June, 2016) to SNDAYP. On day one Mr. Biswas give a detailed idea on project implementation and clearly elaborate all part



Interaction with Staffs on Project

of the project with the staffs of SNDAYP. Finally, he gave a suggestion of making map (Social, resource & road) of the own area with full description which will help them for easy access and monitoring of field and DCYPs. After home visit Mr. Biswas suggested staffs to be free at the time of home visit, be close to the family



Visitor Wel Come by Deaf Club Member



Discussion with DPA

project aim and objectives. But sustainability is the motto of this meeting and how the



Inspiring Home Visit

Puri, the 4 partners including 42 (M-26/F-16) participants of Odisha under DCW funded project. The training topic was that how we strengthen the block level federation of Deaf Parent Association and promote participation of all stake, which ultimately develop the sustainability of DCYPs.



Monitoring Training of Partners by Mr. Biswas

Strong Belief Extends Good Result

Rupali is 3 and 6 months old and lives with her parents and extended family in Dashagoba, P.S.Chandanpur and Dist. – Puri. Rupali is the only child of her parents. They were very happy with their new born baby in the family. Rupali has hypotonic (floppy) cerebral palsy affecting all 4 limbs and



Rupali Sitting on Bed

trunk.

stake holders become responsible about their child. On 13th June 2016 the training was venued at Youth Hostel

Contd.pg.5

Rupali is very interested in her surroundings and attempts to play but is limited by her physical difficulties. Her muscle weakness causes her to tire easily and she becomes agitated when tired. When Rupali is rested, she has smiling and interactive with adults and other children. Her father is a daily labour and mother is house wife. They are living happily in a mud thatched house with poor sanitation. They collected drinking water from community tube well. During prenatal period she did not complete all needful immunization. There were no problems reported during pregnancy. Rupali was reported to have been well until 3 months of age with

who informed the CBR worker in that locality. The CBR worker visited the family and give the organization detailed ideas and activities to them. Then the child was enrolled and the IRP was being prepared for the child with guidance of physiotherapist. But after few days of rehabilitation process, the CBR worker advised them for better progress of the child you should attend at Little Steps Support Service Centre for Rupali's need based assessment.

On initial assessment Rupali presented with low muscle tone. Rupali had very limited active movement at that time. In lying she



Ruplai taking Physical strengthen Therapy at Support Service Center Chandanpur of SNDAYP

head control developing and some vocalization. No fever or illness was noted but Rupali lost the skills she had developed at that time. The parents were restless with seeing the problems with their child. They take the child to district head quarter hospital for better treatment, but the doctor advised them take her to a Physiotherapy center for treatment.

In the mean time Rupali was brought to the attention of the organization (SNDAYP) following Rupali's family making contact with ASHA (Accredited Social Health Animator)

could turn her head from side to side but this required a lot of effort and was a very slow movement. She was unable to bring her hands together to play when lying on her back and was only able to lift her head momentarily when lying on her stomach. Rupali had weak back muscles and no trunk rotation and therefore was unable to roll. When not lying she required to be held fully supported to maintain an upright sitting position. She required her head to be supported to prevent it flopping forward, back or to the side.

Contd.pg.6

She was unable to take her weight through her legs if supported in a standing position.

With the preparation of SMART goals were set and the CBRWs were supported by the volunteer physiotherapist to provide positioning and play activities to promote Rupali's development. Advice was given to Rupali's family on how to support these activities at home. Rupali rolled prone to supine and supine to prone be achieved in three months. She was rolling over and over by five months from exercise.

A special sitter was provided in January 2014. Use of the special sitter on a regular basis promotes development of head and trunk control, promotes symmetry and enables hands to be used functionally rather than to support sitting (resulting in improved fine motor skills) and aids concentration and communication. It also provides a safe supported sitting position for feeding. Rupali is now able to take weight through her legs when held in supported standing. The constant follow up and practice both at home and center level the child was developing.

Her parents and extended family believed that medication would cure Rupali and as they were not able to afford medicine they could not help her. The CBR workers ex-

plained to the parents that medicine was not required as there is no medicine that will influence how she is affected by cerebral palsy. Therapeutic intervention however would facilitate Rupali's motor skill development. Rupali's family recognized that she has progressed since her attendance at Little Steps and reported they were therefore are motivated to continue to attend and follow advice given.

The family will be given advice on how to make a standing frame (bamboo) to further develop Rupali's muscle strength for upright and new SMART goals devised to ensure her progress continues with appropriate activities.



Rupali is showing her capacity

The family members and parents are very much satisfied with the cooperation. Continue therapy is required for her better physical development. They feel good and thankful to the support groups to giving such assistance for their child.

ABOUT SNDAYP

An Inclusive and Equitable Society

SNDAYP is a non-governmental organization located in Puri District, Orissa State that was registered in 1994.

SNDAYP Vision is to create a better world for everyone by inclusion without discrimination.

Mission: to mainstream all special groups and enable them coexist in community with dignity and with all natural and special rights

Goal: to achieve holistic participatory social change in the community; and Values: Social Justice, Transparency and Accountability, Democratic governance, Environmental Sustainability, Non discrimination by religion, caste, gender or disability.

Articles in this Publication can be reproduced as long as SNDAYP is duly acknowledged